



9

Llwybr Llosgfynydd Volcano Trail



UCHAFBWYNTIAU

Dewch i ddarganfod hanes daaregol diddorol Coed y Brenin. Mwynhewch olygfeydd ysblennydd o fynyddoedd cyfagos Meirionnydd.

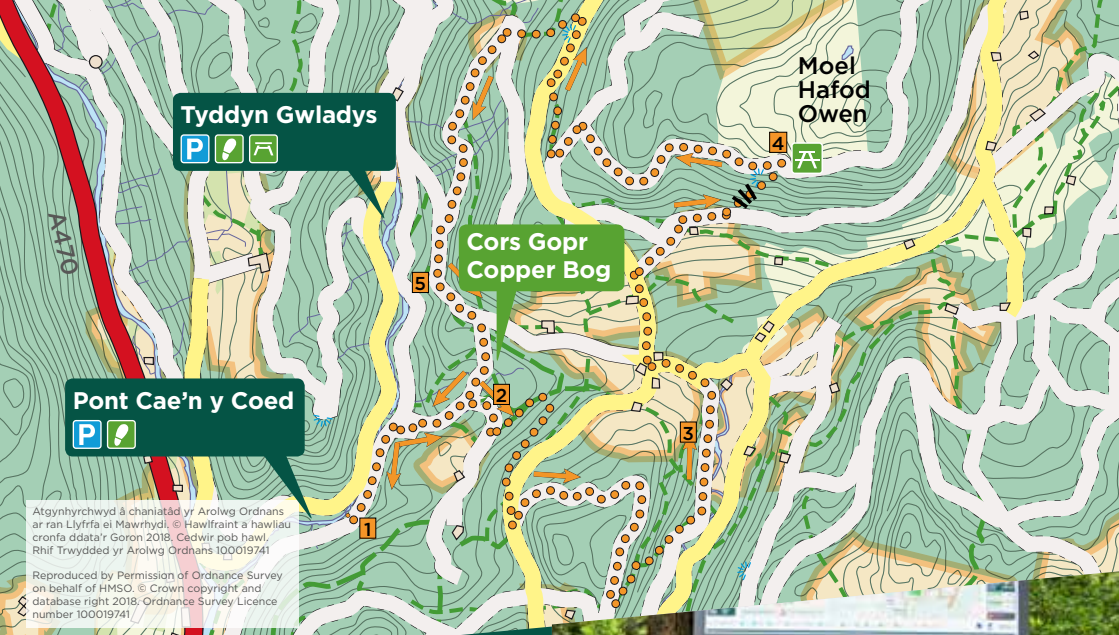
Ar y llwybr cylchol heriol hwn, byddwch chi'n ymweld â sawl nodwedd allweddol yn y goedwig, gan gynnwys y gors gopr a phwynt uchaf parc y goedwig - Moel Hafod Owen. Cofiwch ddarllen y pum panel gwybodaeth i'ch helpu i archwilio hanes folcanig trawiadol Coed y Brenin.

HIGHLIGHTS

Discover Coed y Brenin's fascinating geological history. See spectacular views of the surrounding Meirionnydd mountains.

On this challenging circular walk, you will visit many key features in the forest, including the copper bog and the highest point of the forest park - Moel Hafod Owen. Take in the five information panels to help you explore Coed y Brenin's violent volcanic history.





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Allwedd / Map Key

-  Llwybr Llosgfynydd / Volcano Trail
-  Panel dehongli / Interpretation panel
-  Ffordd goedwig / Forest road
-  Mâinc / Bench
-  Maes parcio / Car park
-  Grisiau / Steps



Dilynwch y symbolau arwyddbost oren.

Dechrau: Maes Parcio Pont Cae'n y Coed
Gradd: Anodd
Amser: 5 awr
Pellter: 7 milltir/11 km
Dringo: 300m

Disgrifiad: Mae'r llwybr yn dilyn cyfuniad o ffyrdd y goedwig a llwybrau serth a chul sy'n aml yn llai na 50cm o led mewn manau, ar arwyneb garw, unastwad, ble gallwch ddisgwyl gweld mwd, creigiau a gwreiddiau coed ar hyd peth o'r tir garwaf dan draed yn y goedwig gyfan. Mae grisiau i'w cael ar y ddringfa serth i ben Moel Hafod Owen ble gwelwch fainc ar y copa i gael picnic haeddiannol wrth fwynhau'r olygfa. Os hoffech gael blas ar antur go iawn, gwnewch yn siŵr eich bod yn paratoi'n dda ar gyfer diwrnod hir yn y goedwig.

Follow the orange waymarker symbols.

Start: Pont Cae'n y Coed Car Park
Grade: Strenuous
Time: 5 hours
Distance: 7 miles/11 km
Climb: 300m

Description: The trail is on a combination of forest roads and steep narrow paths, often less than 50cm wide in places, on an unmade, uneven surface, where you can expect mud, rocks and tree roots along some of the roughest terrain in the forest. There are steps on the steep ascent up to Moel Hafod Owen where you will find a bench at the top for a well-deserved picnic whilst admiring the view. If you want to experience a real adventure, ensure you go well prepared for a long day in the woods.