



## Welcome to our first newsletter!

Our aim is to share information about visiting the woodlands and National Nature Reserves that we look after across Wales.

We'll include the latest news and what's in the pipeline, plus some ideas to inspire you to explore the great outdoors and perhaps visit a place that's new to you.

Please do [let us know](#) what you think of this newsletter and share any ideas for content for future issues.

And why not forward it on to friends and family who would like to discover more of Wales, too?

## New mountain bike trail now open in mid Wales

The Melindwr mountain bike trail opened in October at Bwlch Nant yr Arian visitor centre near Aberyswyth.

This new waymarked trail is graded as blue (moderate) but it has been designed for riders who are competent riding other blue graded trails. It offers a great stepping stone to improve riding skills before progressing to the visitor centre's red graded trails.



The first loop can be ridden as a standalone route and is just under 2 kilometres. If you ride both loops of the trail, the total route is 5 kilometres long.

[Find out more about visiting Bwlch Nant yr Arian visitor centre](#)

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## Discover a vibrant autumn beauty spot on one of our walking trails



We've picked ten walking trails in our woodlands and National Nature Reserves where you can enjoy seasonal colours this autumn.

Every walking trail is waymarked and starts from a car park.

There are shorter routes ideal for families with young children, longer routes for those who want more of a challenge and a wheelchair accessible boardwalk trail.

[Go to our autumn walks web page to pick your route](#)

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## Cwmcarn Forest Drive set to reopen

Work will soon be underway to reopen the forest drive through Cwmcarn Forest, near Newport in south Wales.

Project manager Geminie Drinkwater has held public drop in sessions in the area to get feedback from local people about what they'd like to see from the forest and the new drive.

[Keep an eye on our website for more information as the plans develop](#)



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## Top tips for dealing with dog poo in the great outdoors



Who hasn't been annoyed to see dog poo left on paths or poo bags hung on trees when out for a walk?

To help deal with the problem of dog poo in our woodlands and National Nature Reserves, we ask all visitors to follow the advice in the Countryside Codes to keep these places special for both wildlife and people.

Joe Roberts, Lead Specialist Advisor:

Outdoor Access and Recreation, busts some of the myths about dog poo and gives advice on how to deal with it.

[Read Joe's blog: Leave no trace in woodlands and nature reserves](#)

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## Spotlight on Coed Moel Famau Forest, near Mold

The highlight of a visit to Coed Moel Famau is the walk uphill to the famous Jubilee Tower. These ruins can be seen for miles around and the view from the summit is one of the most spectacular in Wales.



Coed Moel Famau offers plenty for visitors to do at ground level, too. There are short woodland strolls waymarked from the car park, one of which is accessible for wheelchair users. Children's play areas are dotted around the woodland and there's a Tracker Trail for younger visitors. The blue graded mountain bike trail takes you through the forest to a high point with spectacular views.

[Find out more about visiting Coed Moel Famau](#)

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